

Parma School Dist. #137
003 - West Wing Middle School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | | | | Sep - 1 NO SCHOOL TODAY |
| Sep - 4 NO SCHOOL TODAY | Sep - 5 SPAGHETTI BREAD STICK RANCH SALAD GRAPES MILK | Sep - 6 CHICKEN & NOODLE MASHED POTATOES WINTER BLEND ROLL, WHOLE WHEAT STRAWBERRY APPLESA MILK | Sep - 7 NACHOS NACHO TOPPING REFRIED BEANS USDA CARROTS GRAPES MILK | Sep - 8 PIZZA RIPPERS RANCH SALAD CARROTS WATERMELON VEGGIE BAR MILK |
| Sep - 11 CHICKEN WRAP PORK & BEANS SHREDDED LETTUCE CHEESE BABY CARROTS BLUEBERRIES MAYONNAISE MILK | Sep - 12 HOT DOG ON A BUN Chili CELERY STICKS ORANGES VEGGIE BAR MILK | Sep - 13 COUNTRY FRIED STEAK MASHED POTATOES GRAVY BROWN BROCCOLI WHOLE GRAIN ROLL WATERMELON MILK | Sep - 14 CHICKEN NUGGETS POTATO WEDGES MIXED VEGETABLE GRAPES VEGGIE BAR MILK | Sep - 15 HAMBURGER SIDEWINDERS HAMBURGER TOPPING WATERMELON MILK |
| Sep - 18 FISH TREASURES BABY BAKERS MIXED VEGETABLE STRAWBERRIES, FRESH GOLDFISH CRACKER MILK | Sep - 19 MINI CORN DOGS FRENCH FRIES BROCCOLI PLULOTS MILK | Sep - 20 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY GREEN BEANS CANNED BLUEBERRIES MILK | Sep - 21 SOFT SHELL TACO CHEESE SHREDDED LETTUCE REFRIED BEANS CORN PEACHES VEGGIE BAR MILK | Sep - 22 PIZZA RIPPERS RANCH SALAD CARROTS PLULOTS VEGGIE BAR MILK |
| Sep - 25 BEEF & BEAN BURRITO CHICKEN RICE MIXED VEGETABLES STRAWBERRIES, FRESH VEGGIE BAR MILK | Sep - 26 CHICKEN PATTY SANDW BROCCOLI APPLES VEGGIE BAR MAYONNAISE MILK | Sep - 27 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES EGG ROLL, 1.5 OZ MANDARIN ORANGES FORTUNE COOKIE MANDARIN SAUCE MILK | Sep - 28 RIB B Q ON BUN PORK & BEANS CORN WATERMELON VEGGIE BAR MILK | Sep - 29 NO SCHOOL TODAY |

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.