

Parma School Dist. #137

003 - West Wing Middle School

Oct 24, 2018

Page 1

"This Institution is an equal opportunity provider"

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 SLOPPY JOE CHEESE STICK RANCH SALAD CELERY STICKS APPLES MILK	Nov - 2 Tornadoe REFRIED BEANS USDA CORN GRAPES VEGGIE BAR MILK
Nov - 5 MINI CORN DOGS FRENCH FRIES BROCCOLI BLUEBERRIES MILK	Nov - 6 MANDARIN ORANGE CHI STIR FRY VEGETABLES EGG ROLL, 1.5 OZ MANDARIN ORANGES MANDARIN SAUCE MILK	Nov - 7 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN GREEN BEANS CANNED MIXED FRUIT WHOLE GRAIN ROLL MILK	Nov - 8 SOFT SHELL TACO CHEESE CHEDDAR PION LETTUCE, SHREDDED REFRIED BEANS CORN APPLES MILK	Nov - 9 NO SCHOOL TODAY
Nov - 12 CHICKEN NUGGETS SCALLOPED POTATOES BROCCOLI STRAWBERRIES, FRESH MILK	Nov - 13 NACHOS NACHO TOPPING MIXED VEGETABLES 1/2 BLACK BEAN SALAD GRAPES MILK	Nov - 14 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS PLUOTS HAMBURGER TOPPING MILK	Nov - 15 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY GREEN BEANS CANNED MIXED FRUIT WHOLE WHEAT ROLL PUMPKIN CAKE, PARMA MILK	Nov - 16 PIZZA RIPPERS RANCH SALAD CARROTS CINNAMON APPLESAUC MILK
Nov - 19 CHICKEN PATTY SANDW GREEN BEANS CANNED PEARS VEGGIE BAR MILK	Nov - 20 BEEF & BEAN BURRITO MIXED VEGETABLE BLUEBERRIES CHICKEN RICE MILK	Nov - 21 NO SCHOOL TODAY	Nov - 22 HOLIDAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 HOT DOG ON A BUN TATER GEMS GREEN BEANS CANNED ORANGES MILK	Nov - 27 CHILI ELEMENTARY CORNBREAD CORN MIXED FRUIT VEGGIE BAR MILK	Nov - 28 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY WINTER BLEND VEGETA STRAWBERRIES WHOLE WHEAT ROLL MILK	Nov - 29 BBQ ROASTED CHICKEN BABY BAKERS BROCCOLI PEARS WHOLE GRAIN ROLL VEGGIE BAR MILK	Nov - 30 PIZZA RIPPERS RANCH SALAD CELERY STICKS APPLES GRAHAM CRACKER BUG MILK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.