

Parma School Dist. #137  
003 - West Wing Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 HAMBURGER GRAVY MASHED POTATOES MIXED VEGETABLE WHOLE WHEAT BREAD PEACHES MILK	Feb - 2 MINI CORN DOGS TATER GEMS WINTER BLEND VEGETA MIXED FRUIT VEGGIE BAR MILK	Feb - 3 CHICKEN PATTY BROCCOLI ORANGES VEGGIE BAR MAYONNAISE MILK
Feb - 6 FISH TREASURES POTATO WEDGES CARROTS STRAWBERRIES VEGGIE BAR MILK	Feb - 7 Nachos Nacho Topping REFRIED BEANS MIXED VEGETABLE BLUEBERRIES MILK	Feb - 8 RICE BOWL ELEM BROCCOLI EGG ROLL, 1.5 OZ MANDARIN ORANGES FORTUNE COOKIE MANDARIN SAUCE MILK	Feb - 9 SPAGHETTI BREAD STICK RANCH SALAD PEARS, FRZN MILK	Feb - 10 PIZZA RANCH SALAD CARROTS TROPICAL FRUIT, CANN VEGGIE BAR MILK
Feb - 13 CHICKEN NUGGETS POTATO WEDGES BROCCOLI APPLES VEGGIE BAR MILK	Feb - 14 TOASTED CHEESE SAN TOMATO SOUP MIXED VEGETABLE MIXED FRUIT VEGGIE BAR MILK	Feb - 15 COUNTRY FRIED STEAK MASHED POTATOES BROWN GRAVY BROCCOLI WHOLE WHEAT ROLL TROPICAL FRUIT, CANN MILK	Feb - 16 HAMBURGER SIDEWINDERS WINTER BLEND STRAWBERRIES PICKLES MILK	Feb - 17 HAM & CHEESE YUM YU WINTER BLEND VEGETA PEACHES VEGGIE BAR MILK
Feb - 20 NO SCHOOL TODAY	Feb - 21 SOFT SHELL TACO CHEESE SHREDDED LETTUCE REFRIED BEANS CARROTS ORANGES VEGGIE BAR MILK	Feb - 22 CHICKEN & NOODLE MASHED POTATOES CARROTS ROLL, WHOLE WHEAT CINNAMON APPLES MILK	Feb - 23 CHILI ELEMENTARY CORNBREAD BROCCOLI PEARS VEGGIE BAR MILK	Feb - 24 PIZZA RANCH SALAD CARROTS STRAWBERRIES, FRESH VEGGIE BAR MILK
Feb - 27 BEEF & BEAN BURRITO CHICKEN RICE MIXED VEGETABLES GRAPES VEGGIE BAR SALSA MILK	Feb - 28 STROGANOFF MASHED POTATOES WHOLE WHEAT ROLL MIXED VEGETABLE WATERMELON MILK			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.