

# Parma School Dist. #137

004 - Parma Middle School

Aug 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 NO SCHOOL TODAY
Sep - 4 NO SCHOOL TODAY	Sep - 5 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Sep - 6 CHICKEN STRIPS MASHED POTATOES BROCCOLI ROLL, WHOLE WHEAT WATERMELON VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	Sep - 7 RIB-B-Q SALAD SIDEWINDERS PEACHES VEGGIE BAR CHICKEN PATTY BROCCOLI MILK	Sep - 8 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS BROCCOLI WATERMELON VEGGIE BAR CHICKEN RANCH WRAP CARROT & CELERY CUP MILK
Sep - 11 CORN DOG FRENCH FRIES GREEN BEAN FROZEN APPLESAUCE, UNSWTND VEGGIE BAR PIZZA POCKET TATER GEMS CARROT & CELERY CUP MILK	Sep - 12 NACHOS NACHO TOPPING HS BLACK BEAN SALAD WATERMELON VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Sep - 13 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL WATERMELON VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI & CAULIFLO MILK	Sep - 14 SWEET & SOUR CHICKE STIR FRY VEGETABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR BBQ PORK CARROTS & JICAMA CU MILK	Sep - 15 CHICKEN PATTY SIDEWINDERS BROCCOLI GRAPES, FRESH VEGGIE BAR CHEESE BURGER PORK & BEANS BROCCOLI & CAULIFLO MILK
Sep - 18 TORNADOE REFRIED BEANS FAJITA VEGGIES SHREDDED LETTUCE TORTILLA CHIPS TROPICAL FRUIT VEGGIE BAR MEATBALL SUB CARROTS & JICAMA CU MILK	Sep - 19 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Sep - 20 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL GRAPES, FRESH VEGGIE BAR CORN DOG PORK & BEANS CELERY STICKS MILK	Sep - 21 SPAGHETTI BREAD STICK SALAD MIXED FRUIT VEGGIE BAR RIB-B-Q BROCCOLI & CAULIFLO MILK	Sep - 22 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES FRESH STRAWBERRIES VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK
Sep - 25 RIB-B-Q SALAD POTATO WEDGES GRAPES, FRESH VEGGIE BAR CORN DOG BROCCOLI MILK	Sep - 26 NACHOS NACHO TOPPING HS BLACK BEAN SALAD BLUEBERRIES VEGGIE BAR PIZZA POCKET SUN CHIPS BROCCOLI & CAULIFLO MILK	Sep - 27 BBQ ROASTED CHICKEN POTATOES, SCALLOPED BROCCOLI WHOLE WHEAT ROLL APPLE VEGGIE BAR BBQ PORK BROCCOLI & CAULIFLO MILK	Sep - 28 PORK ENCHILADA CHICKEN RICE BLACK BEAN SALAD TROPICAL FRUIT VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Sep - 29 NO SCHOOL TODAY

This institution is an equal opportunity provider

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**