

Parma School Dist. #137

004 - Parma Middle School

Sep 26, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 CHICKEN PATTY TATER GEMS BROCCOLI GRAPES VEGGIE BAR CHEESE BURGER BROCCOLI & CAULIFLO MILK	Oct - 3 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Oct - 4 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI ROLL, WHOLE WHEAT GRAPES VEGGIE BAR BOXED BBQ CHICKEN FI BABY CARROTS MILK	Oct - 5 NO SCHOOL TODAY	Oct - 6 NO SCHOOL TODAY
Oct - 9 CORN DOG FRENCH FRIES GREEN BEANS CANNED BLUEBERRIES VEGGIE BAR HAMBURGER CARROTS & JICAMA MILK	Oct - 10 NACHOS NACHO TOPPING BLACK BEAN SALAD WATERMELON VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Oct - 11 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI ROLL, WHOLE WHEAT WATERMELON VEGGIE BAR HAMBURGER CARROTS & JICAMA MILK	Oct - 12 RIB-B-Q SALAD POTATO WEDGES PEACHES VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE WHEAT BABY BAKERS MILK	Oct - 13 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS BROCCOLI ORANGES/ HS VEGGIE BAR CHICKEN RANCH WRAP CARROT & CELERY CUP MILK
Oct - 16 TORNADOE BLACK BEAN SALAD FAJITA VEGGIES SHREDDED LETTUCE TROPICAL FRUIT TORTILLA CHIPS VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS & JICAMA MILK	Oct - 17 PIZZA RIPPERS SALAD PEACHES PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Oct - 18 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL STRAWBERRIES BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK	Oct - 19 MANDARIN ORANGE CHI STIR FRY EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR BBQ PORK CARROTS & JICAMA MILK	Oct - 20 NO SCHOOL TODAY
Oct - 23 CHICKEN NUGGET SIDEWINDERS BROCCOLI STRAWBERRIES, FRESH ROLL, WHOLE WHEAT VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Oct - 24 NACHOS NACHO TOPPING BLACK BEAN SALAD WATERMELON VEGGIE BAR CORN DOG BROCCOLI & CAULIFLO MILK	Oct - 25 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN BROCCOLI ROLL, WHOLE WHEAT PEACHES VEGGIE BAR CHEESE BURGER CARROTS MILK	Oct - 26 SOFT TACO CHEESE SHREDDED LETTUCE CHICKEN RICE BLACK BEAN SALAD APPLES VEGGIE BAR RIB-B-Q PORK & BEANS MILK	Oct - 27 FISH STICKS BABY BAKERS COLESLAW ROLL, WHOLE WHEAT STRAWBERRIES, FRESH VEGGIE BAR PIZZA POCKET MILK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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This institution is an equal opportunity provider

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