

Parma School Dist. #137

004 - Parma Middle School

Oct 30, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI ROLL, WHOLE GRAIN 1 GRAPES VEGGIE BAR BBQ PORK CARROTS & JICAMA MILK	Nov - 2 HAMBURGER ON A BUN AMERICAN CHEESE TATER GEMS PORK & BEANS BLUEBERRIES VEGGIE BAR CORN DOG BROCCOLI & CAULIFLO MILK	Nov - 3 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES STRAWBERRIES, FRESH VEGGIE BAR CHICKEN PATTY CARROTS MILK
Nov - 6 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR HAMBURGER CARROTS & JICAMA CU MILK	Nov - 7 NACHOS NACHO TOPPING BLACK BEAN SALAD WATERMELON VEGGIE BAR CORN DOG BROCCOLI & CAULIFLO MILK	Nov - 8 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN ROLL, WHOLE GRAIN 1 MIXED FRUIT VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK	Nov - 9 MANDARIN ORANGE CHI STIR FRY EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR HAMBURGER MILK	Nov - 10 NO SCHOOL TODAY
Nov - 13 TORNADOE SHREDDED LETTUCE FAJITA VEGGIES TROPICAL FRUIT, CANN VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS & JICAMA MILK	Nov - 14 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Nov - 15 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY ROLL, WHOLE GRAIN 1 GREEN BEAN FROZEN APPLES PUMPKIN CAKE, PARMA MILK	Nov - 16 RIB-B-Q SALAD SIDEWINDERS PEACHES VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN BABY BAKERS MILK	Nov - 17 SPAGHETTI BREAD STICK WINTER BLEND MIXED FRUIT VEGGIE BAR CHICKEN PATTY MILK
Nov - 20 CHICKEN NUGGET SIDEWINDERS APPLES ROLL, WHOLE GRAIN 1 VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Nov - 21 NACHOS NACHO TOPPING BLACK BEAN SALAD STRAWBERRIES, FRESH VEGGIE BAR CORN DOG MILK	Nov - 22 NO SCHOOL TODAY	Nov - 23 HOLIDAY	Nov - 24 NO SCHOOL TODAY
Nov - 27 CHICKEN PATTY TATER GEMS BROCCOLI GRAPES VEGGIE BAR CHEESE BURGER MILK	Nov - 28 PIZZA RIPPERS SALAD PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Nov - 29 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI ROLL, WHOLE GRAIN 1 WATERMELON VEGGIE BAR HAMBURGER MILK	Nov - 30 SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD APPLE VEGGIE BAR RIB-B-Q PORK & BEANS MILK	

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.