

# Parma School Dist. #137

004 - Parma Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1  HAMBURGER ON A BUN AMERICAN CHEESE FRENCH FRIES GREEN BEAN FROZEN PEACHES VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK
Dec - 4  CHICKEN NUGGET POTATO WEDGES BROCCOLI MIXED FRUIT WHOLE WHEAT ROLL VEGGIE BAR HAMBURGER CARROT & CELERY STIC MILK	Dec - 5  NACHOS NACHO TOPPING HS BLACK BEAN SALAD FRESH STRAWBERRIES VEGGIE BAR CORN DOG BROCCOLI MILK	Dec - 6  COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY CAPRI MIXED VEGETABL WHOLE WHEAT ROLL PEACHES EXTRA LIGHT VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	Dec - 7  CHICKEN PATTY TATER GEMS BROCCOLI GRAPES, FRESH VEGGIE BAR PHILLY CHEESE STEAK SUN CHIPS PORK & BEANS BROCCOLI & CAULIFLO MILK	Dec - 8  ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 BLUEBERRIES VEGGIE BAR PIZZA POCKET TATER GEMS BROCCOLI & CAULIFLO MILK
Dec - 11  RIB-B-Q GREEN BEAN FROZEN FRENCH FRIES APPLE SAUCE VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE GRAIN 1 BABY BAKERS MILK	Dec - 12  PIZZA RIPPERS SALAD MANDARIN ORANGES VEGGIE BAR BBQ PORK CARROT & CELERY STIC MILK	Dec - 13  ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY WHOLE WHEAT ROLL CAPRI MIXED VEGETABL GRAPES, FRESH JELLO CAKE MILK	Dec - 14  BEEF & BEAN BURRITO CHICKEN RICE CORN STRAWBERRIES, FRESH VEGGIE BAR CHICKEN PATTY CARROTS MILK	Dec - 15  MANDARIN ORANGE CHI STIR FRY VEGETABLES EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR CORN DOG PORK & BEANS MILK
Dec - 18  CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR HAMBURGER CARROTS & JICAMA MILK	Dec - 19  NACHOS NACHO TOPPING BLACK BEAN SALAD STRAWBERRIES, FRESH VEGGIE BAR BOXED BBQ CHICKEN FI CELERY STICKS MILK	Dec - 20  SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL APPLE SAUCE VEGGIE BAR POPCORN CHICKEN POTATOE DICED SEASO ROLL, WHOLE GRAIN 1 BBQ SAUCE: TANGY MILK	Dec - 21  NO SCHOOL TODAY	Dec - 22  NO SCHOOL TODAY
Dec - 25  HOLIDAY	Dec - 26  NO SCHOOL TODAY	Dec - 27  NO SCHOOL TODAY	Dec - 28  NO SCHOOL TODAY	Dec - 29  NO SCHOOL TODAY

This institution is an equal opportunity provider

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**