

Parma School Dist. #137

004 - Parma Middle School

Aug 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 22 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Aug - 23 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL GRAPES, FRESH VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	Aug - 24 CHICKEN PATTY SIDEWINDERS BROCCOLI GRAPES, FRESH VEGGIE BAR CHEESE BURGER PORK & BEANS BROCCOLI & CAULIFLO MILK	Aug - 25 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES FRESH STRAWBERRIES VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK
Aug - 28 HAMBURGER ON A BUN AMERICAN CHEESE POTATO WEDGES GREEN BEANS WATERMELON VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI & CAULIFLO MILK	Aug - 29 NACHOS NACHO TOPPING HS BLACK BEAN SALAD STRAWBERRIES VEGGIE BAR RIB-B-Q BROCCOLI & CAULIFLO MILK	Aug - 30 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN BROCCOLI WHOLE WHEAT ROLL PEACHES VEGGIE BAR CHEESE BURGER BROCCOLI & CAULIFLO MILK	Aug - 31 SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD APPLE CHICKEN RICE VEGGIE BAR CHICKEN PATTY PORK & BEANS MILK	

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.