

# Parma School Dist. #137

004 - Parma Middle School

Aug 17, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3	Sep - 4 PIZZA RIPPERS SALAD PEACHES VEGGIE BAR CHICKEN RANCH WRAP PORK & BEANS CARROTS MILK	Sep - 5 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI ROLL, WHOLE GRAIN 1 WATERMELON VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	Sep - 6 RIB-B-Q CAPRI MIXED VEGETABL TATER GEMS PEACHES VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE GRAIN 1 BABY BAKERS BROCCOLI MILK	Sep - 7 SPAGHETTI BREAD STICK SALAD MIXED FRUIT VEGGIE BAR CHICKEN PATTY CELERY STICKS FRUIT COCKTAIL MILK
Sep - 10 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR BOXED PIZZA POCKET BROCCOLI SALAD MILK	Sep - 11 NACHOS NACHO TOPPING HS CORN WATERMELON VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	Sep - 12 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN ROLL, WHOLE GRAIN 1 STRAWBERRIES, FRESH VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	Sep - 13 MANDARIN ORANGE CHI STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR CORN DOG PORK & BEANS MILK	Sep - 14 BBQ ROASTED CHICKEN BABY BAKERS BROCCOLI WHOLE WHEAT ROLL APPLES VEGGIE BAR PIZZA POCKET SUN CHIPS COLESLAW MILK
Sep - 17 HAMBURGER ON A BUN AMERICAN CHEESE TATER GEMS COLESLAW BLUEBERRIES VEGGIE BAR BBQ PORK BROCCOLI & CAULIFLO MILK	Sep - 18 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI CELERY STICKS MILK	Sep - 19 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY GREEN BEAN FROZEN ROLL, WHOLE GRAIN 1 STRAWBERRIES, FRESH VEGGIE BAR CHICKEN RANCH WRAP CARROTS MILK	Sep - 20 CHICKEN PATTY PORK & BEANS GRAPES VEGGIE BAR CHEESE BURGER MILK	Sep - 21 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES STRAWBERRIES, FRESH VEGGIE BAR POPCORN CHICKEN ROLL, WHOLE GRAIN 1 POTATO WEDGES MILK
Sep - 24 CHICKEN NUGGET SCALLOPED POTATOES GREEN BEAN FROZEN FRESH STRAWBERRIES WHOLE WHEAT ROLL VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS MILK	Sep - 25 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CELERY STICKS MILK	Sep - 26 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN CAPRI MIXED VEGETABL WHOLE WHEAT ROLL PEACHES EXTRA LIGHT VEGGIE BAR MEATBALL SUB BROCCOLI MILK	Sep - 27 SOFT TACO CHEESE SHREDDED LETTUCE CHICKEN RICE REFRIED BEANS APPLE VEGGIE BAR RIB-B-Q COLESLAW MILK	Sep - 28 ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 FRESH STRAWBERRIES VEGGIE BAR PIZZA POCKET TATER GEMS BROCCOLI & CAULIFLO MILK

This institution is an equal opportunity provider

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.