

Parma School Dist. #137

004 - Parma Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI CELERY STICKS MILK	May - 2 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL GRAPES VEGGIE BAR CHICKEN RANCH WRAP CARROTS MILK	May - 3 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES TROPICAL FRUIT, CANN VEGGIE BAR POPCORN CHICKEN ROLL, WHOLE GRAIN 1 TATER GEMS CARROTS MILK	May - 4 CHICKEN PATTY POTATO WEDGES CAPRI MIXED VEGETABL GRAPES VEGGIE BAR CHEESE BURGER PORK & BEANS BROCCOLI & CAULIFLO MILK
May - 7 CHICKEN NUGGET POTATO WEDGES GREEN BEAN FROZEN BLUEBERRIES ROLL, WHOLE GRAIN 1 VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS MILK	May - 8 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLES VEGGIE BAR CORN DOG CELERY STICKS MILK	May - 9 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN CAPRI MIXED VEGETABL ROLL, WHOLE GRAIN 1 PEACHES VEGGIE BAR MEATBALL SUB BROCCOLI & CAULIFLO MILK	May - 10 SOFT TACO CHEESE SHREDDED LETTUCE CHICKEN RICE REFRIED BEANS WATERMELON VEGGIE BAR RIB-B-Q COLESLAW MILK	May - 11 ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 STRAWBERRIES, FRESH VEGGIE BAR PIZZA POCKET TATER GEMS BROCCOLI & CAULIFLO MILK
May - 14 TORNADOE BLACK BEAN SALAD FAJITA VEGGIES SHREDDED LETTUCE TROPICAL FRUIT, CANN VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	May - 15 PIZZA RIPPERS SALAD PEACHES VEGGIE BAR CHICKEN RANCH WRAP CARROT & CELERY CUP MILK	May - 16 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI WHOLE WHEAT ROLL WATERMELON VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	May - 17 RIB-B-Q CAPRI MIXED VEGETABL TATER GEMS PEACHES VEGGIE BAR BBQ SAUCE: TANGY PHILLY CHEESE STEAK BABY BAKERS BROCCOLI MILK	May - 18 SPAGHETTI BREAD STICK SALAD MIXED FRUIT VEGGIE BAR CHICKEN PATTY CELERY STICKS MILK
May - 21 MANDARIN ORANGE CHI STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR TUNA SANDWICH PORK & BEANS MILK	May - 22 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLES VEGGIE BAR CORN DOG CELERY STICKS MILK	May - 23 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL STRAWBERRIES, FRESH VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	May - 24 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR BOXED PIZZA POCKET BROCCOLI SALAD MILK	May - 25 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS CORN WATERMELON VEGGIE BAR MILK
May - 28	May - 29	May - 30	May - 31	

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.