

# Parma School Dist. #137

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| May - 1<br><br>HAMBURGER ON A BUN<br>AMERICAN CHEESE<br>PORK & BEANS<br>GREEN BEAN FROZEN<br>PEACHES<br>VEGGIE BAR<br>CHICKEN RANCH WRAP<br>CARROT & CELERY CUP<br>MILK             | May - 2<br><br>PIZZA RIPPERS<br>SALAD<br>PINEAPPLE<br>PEACHES<br>VEGGIE BAR<br>SPICY CHICKEN SANDWI<br>BROCCOLI<br>MILK | May - 3<br><br>BBQ ROASTED CHICKEN<br>POTATOES, SCALLOPED<br>BROCCOLI<br>WHOLE WHEAT ROLL<br>APPLE<br>VEGGIE BAR<br>BBQ PORK<br>BROCCOLI & CAULIFLO<br>MILK                   | May - 4<br><br>FISH STICKS<br>BABY BAKERS<br>COLESLAW<br>WHOLE WHEAT ROLL<br>FRESH STRAWBERRIES<br>VEGGIE BAR<br>PIZZA POCKET<br>POTATO WEDGES<br>MILK        | May - 5<br><br>BEEF & BEAN BURRITO<br>CHICKEN RICE<br>FAJITA VEGGIES<br>TROPICAL FRUIT<br>VEGGIE BAR<br>CHICKEN STRIPS<br>TATER GEMS<br>ROLL, WHOLE WHEAT<br>MILK                   |
| May - 8<br><br>CORN DOG<br>FRENCH FRIES<br>GREEN BEAN FROZEN<br>BLUEBERRIES<br>VEGGIE BAR<br>HAMBURGER<br>CARROTS & JICAMA CU<br>MILK   | May - 9<br><br>PIZZA RIPPERS<br>SALAD<br>PINEAPPLE<br>PEACHES<br>VEGGIE BAR<br>SPICY CHICKEN SANDWI<br>BROCCOLI<br>MILK | May - 10<br><br>COUNTRY FRIED STEAK<br>MASHED POTATOES<br>COUNTRY GRAVY<br>BROCCOLI<br>WHOLE WHEAT ROLL<br>PEACHES<br>VEGGIE BAR<br>RIB-B-Q<br>CARROTS<br>MILK                | May - 11<br><br>SOFT TACO<br>CHEESE<br>SHREDDED LETTUCE<br>REFRIED BEANS USDA<br>PEARS<br>CHICKEN RICE<br>VEGGIE BAR<br>CORN DOG<br>PORK & BEANS<br>MILK      | May - 12<br><br>CHICKEN NUGGET<br>SCALLOPED POTATOES<br>BROCCOLI<br>APPLE<br>WHOLE WHEAT ROLL<br>VEGGIE BAR<br>CHEESE BURGER<br>BROCCOLI & CAULIFLO<br>MILK                         |
| May - 15<br><br>RIB-B-Q<br>POTATO WEDGES<br>GREEN BEAN FROZEN<br>PEACHES<br>VEGGIE BAR<br>BBQ SAUCE: TANGY<br>PIZZA POCKET<br>SUN CHIPS<br>BROCCOLI<br>MILK                         | May - 16<br><br>PIZZA RIPPERS<br>SALAD<br>PINEAPPLE<br>PEACHES<br>VEGGIE BAR<br>CORN DOG<br>BABY CARROTS<br>MILK        | May - 17<br><br>TANGERINE CHICKEN B<br>STIR FRY<br>EGG ROLL<br>MANDARIN ORANGES<br>PINEAPPLE<br>MANDARIN SAUCE<br>VEGGIE BAR<br>HAMBURGER<br>CELERY STICKS<br>MILK            | May - 18<br><br>NACHOS<br>NACHO TOPPING HS<br>BLACK BEAN SALAD<br>TROPICAL FRUIT<br>VEGGIE BAR<br>CHICKEN PATTY<br>BROCCOLI & CAULIFLO<br>MILK                | May - 19<br><br>SPAGHETTI<br>BREAD STICK<br>SALAD<br>CHEESE STICK<br>MIXED FRUIT<br>VEGGIE BAR<br>POPCORN CHICKEN<br>TATER GEMS<br>ROLL, WHOLE WHEAT<br>BROCCOLI & CAULIFLO<br>MILK |
| May - 22<br><br>TORNADOE<br>REFRIED BEANS USDA<br>FAJITA VEGGIES<br>SHREDDED LETTUCE<br>CHICKEN RICE<br>TROPICAL FRUIT<br>CHEESE BURGER<br>PORK & BEANS<br>CARROTS & JICAMA<br>MILK | May - 23<br><br>PIZZA RIPPERS<br>SALAD<br>PINEAPPLE<br>PEACHES<br>VEGGIE BAR<br>CORN DOG<br>BROCCOLI<br>MILK            | May - 24<br><br>CHICKEN STRIPS<br>MASHED POTATOES<br>CHICKEN GRAVY<br>BROCCOLI<br>WHOLE WHEAT ROLL<br>GRAPES, FRESH<br>VEGGIE BAR<br>HAMBURGER<br>BROCCOLI & CAULIFLO<br>MILK | May - 25<br><br>PORK ENCHILADA<br>CHICKEN RICE<br>BLACK BEAN SALAD<br>PEARS<br>VEGGIE BAR<br>BOXED BBQ CHICKEN FI<br>PORK & BEANS<br>BBQ SAUCE: TANGY<br>MILK | May - 26<br><br>HAMBURGER ON A BUN<br>AMERICAN CHEESE<br>SUN CHIPS<br>COLESLAW<br>WATERMELON<br>VEGGIE BAR<br>RIB-B-Q<br>BROCCOLI & CAULIFLO<br>MILK                                |
| May - 29  | May - 30  | May - 31  |   |   |

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**