

# Parma School Dist. #137

004 - Parma Middle School

Feb 21, 2018

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| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
|   |  |   | Mar - 1<br>BEEF & BEAN BURRITO<br>CHICKEN RICE<br>FAJITA VEGGIES<br>STRAWBERRIES, FRESH<br>VEGGIE BAR<br>CHICKEN PATTY<br>CARROTS<br>MILK                                    | Mar - 2<br>CHICKEN PATTY<br>POTATO WEDGES<br>BROCCOLI<br>GRAPES<br>VEGGIE BAR<br>CHEESE BURGER<br>PORK & BEANS<br>MILK                                     |
| Mar - 5<br>TORNADOE<br>REFRIED BEANS<br>FAJITA VEGGIES<br>SHREDDED LETTUCE<br>TROPICAL FRUIT, CANN<br>VEGGIE BAR<br>CHEESE BURGER<br>CARROTS & JICAMA<br>MILK           | Mar - 6<br>PIZZA RIPPERS<br>SALAD<br>PEACHES<br>PINEAPPLE<br>VEGGIE BAR<br>CHICKEN RANCH WRAP<br>BROCCOLI & CAULIFLO<br>MILK | Mar - 7<br>COUNTRY FRIED STEAK<br>MASHED POTATOES<br>COUNTRY GRAVY<br>BROCCOLI<br>WHOLE WHEAT ROLL<br>GRAPES<br>VEGGIE BAR<br>CHICKEN RANCH WRAP<br>CARROTS<br>MILK | Mar - 8<br>RIB-B-Q<br>CAPRI MIXED VEGETABL<br>TATER GEMS<br>PEARS<br>VEGGIE BAR<br>POPCORN CHICKEN<br>ROLL, WHOLE GRAIN 1<br>BABY BAKERS<br>MILK                             | Mar - 9<br>MANDARIN ORANGE CHI<br>STIR FRY VEGETABLES<br>EGG ROLL<br>MANDARIN ORANGES<br>MANDARIN SAUCE<br>VEGGIE BAR<br>CORN DOG<br>CELERY STICKS<br>MILK |
| Mar - 12<br>CHICKEN NUGGET<br>SCALLOPED POTATOES<br>GREEN BEAN FROZEN<br>STRAWBERRIES, FRESH<br>WHOLE WHEAT ROLL<br>VEGGIE BAR<br>CHEESE BURGER<br>PORK & BEANS<br>MILK | Mar - 13<br>NACHOS<br>NACHO TOPPING HS<br>BLACK BEAN SALAD<br>APPLES<br>VEGGIE BAR<br>CORN DOG<br>CELERY STICKS<br>MILK      | Mar - 14<br>BREADED PORK PATTIE<br>MASHED POTATOES<br>GRAVY BROWN<br>CARROTS<br>WHOLE WHEAT ROLL<br>GRAPES<br>VEGGIE BAR<br>BOXED BBQ CHICKEN FI<br>CARROTS<br>MILK | Mar - 15<br>ALASKA POLLOCK, WG F<br>BABY BAKERS<br>COLESLAW<br>ROLL, WHOLE GRAIN 1<br>APPLE SAUCE<br>VEGGIE BAR<br>PIZZA POCKET<br>TATER GEMS<br>BROCCOLI & CAULIFLO<br>MILK | Mar - 16<br>NO SCHOOL TODAY  |
| Mar - 19<br>HAMBURGER ON A BUN<br>AMERICAN CHEESE<br>TATER GEMS<br>BLUEBERRIES<br>VEGGIE BAR<br>BBQ PORK<br>BROCCOLI & CAULIFLO<br>MILK                                 | Mar - 20<br>PIZZA RIPPERS<br>SALAD<br>PINEAPPLE<br>VEGGIE BAR<br>SPICY CHICKEN SANDWI<br>CELERY STICKS<br>MILK               | Mar - 21<br>HAM<br>SCALLOPED POTATOES<br>BROCCOLI<br>WHOLE WHEAT ROLL<br>STRAWBERRIES, FRESH<br>JELLO CAKE<br>MILK  | Mar - 22<br>CHICKEN PATTY<br>POTATO WEDGES<br>MIXED FRUIT<br>VEGGIE BAR<br>CHEESE BURGER<br>PORK & BEANS<br>MILK   | Mar - 23<br>NO SCHOOL TODAY  |

This institution is an equal opportunity provider

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.