

Parma School Dist. #137

004 - Parma Middle School

Jan 23, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Nachos Nacho Topping BLACK BEAN SALAD BLUEBERRIES VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Feb - 2 RIB B QUE SANDWICH SIDEWINDERS PEACHES VEGGIE BAR POPCORN CHICKEN BABY BAKERS MILK	Feb - 3 HAMBURGER AMERICAN CHEESE CORN APPLESAUCE UNSWEET VEGGIE BAR CHICKEN RANCH WRAP MILK
Feb - 6 SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD APPLES VEGGIE BAR RIB-B-Q CARROTS & JICAMA MILK	Feb - 7 PIZZA RIPPERS PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Feb - 8 TURKEY & NOODLES MASHED POTATOES CARROTS CHEESE STICK ROLL, WHOLE WHEAT BLUEBERRIES VEGGIE BAR CORN DOG CARROTS MILK	Feb - 9 SPAGHETTI BREAD STICK SALAD MIXED FRUIT VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Feb - 10 CHICKEN NUGGET FRENCH FRIES PEACHES VEGGIE BAR CHEESE BURGER CARROTS MILK
Feb - 13 TORNADOE SHREDDED LETTUCE BLACK BEAN SALAD PEACHES VEGGIE BAR PHILLY CHEESE STEAK TATER GEMS MILK	Feb - 14 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Feb - 15 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY ROLL, WHOLE WHEAT BROCCOLI PEARS VEGGIE BAR CORN DOG CARROTS MILK	Feb - 16 CHICKEN ALFREDO GREEN BEANS ROLL, WHOLE WHEAT APPLES VEGGIE BAR CHEESE BURGER CELERY STICKS MILK	Feb - 17 BEEF & BEAN BURRITO CORN STRAWBERRIES, FRESH VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK
Feb - 20 NO SCHOOL TODAY	Feb - 21 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR CHICKEN RANCH WRAP BROCCOLI MILK	Feb - 22 HAM & CHEESE YUM YU WINTER BLEND BLUEBERRIES VEGGIE BAR CHEESE BURGER CARROT & CELERY CUP MILK	Feb - 23 SPICY CHICKEN BOWL STIR FRY EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR MEATBALL SUB CARROTS & JICAMA MILK	Feb - 24 FISH STICKS BABY BAKERS ROLL, WHOLE WHEAT APPLES VEGGIE BAR PIZZA POCKET SUN CHIPS BROCCOLI & CAULIFLO MILK
Feb - 27 CHICKEN PATTY SIDEWINDERS MIXED FRUIT VEGGIE BAR HAMBURGER CARROTS MILK	Feb - 28 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR CORN DOG BROCCOLI SALAD MILK			

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.