

# Parma School Dist. #137

004 - Parma Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1  RIB B QUE SANDWICH POTATO WEDGES WINTER BLEND PEACHES BBQ SAUCE: TANGY VEGGIE BAR POPCORN CHICKEN BROCCOLI SALAD MILK	Dec - 2  PORK ENCHILADA BLACK BEAN SALAD ORANGES VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK
Dec - 5  CHICKEN PATTY SANDW SIDEWINDERS ORANGES VEGGIE BAR CHEESE BURGER CARROTS MILK	Dec - 6  PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Dec - 7  COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI MIXED FRUIT ROLL, WHOLE WHEAT VEGGIE BAR FISH TACO CHICKEN RICE CARROTS MILK	Dec - 8  Nachos Nacho Topping BLACK BEAN SALAD APPLES VEGGIE BAR CHICKEN TENDERS TATER GEMS MILK	Dec - 9  FISH STICKS BABY BAKERS COLESLAW ROLL, WHOLE WHEAT PEACHES PIZZA POCKET POTATO WEDGES BROCCOLI & CAULIFLO MILK
Dec - 12  BBQ ROASTED CHICKEN POTATOES, SCALLOPED BROCCOLI ROLL, WHOLE WHEAT BLUEBERRIES HAMBURGER VEGGIE BAR MILK	Dec - 13  PIZZA RIPPERS SALAD PEACHES VEGGIE BAR CORN DOG BROCCOLI MILK	Dec - 14  CHICKEN BREAST FILET MASHED POTATOES CHICKEN GRAVY GREEN BEAN FROZEN ROLL, WHOLE WHEAT APPLES PUMPKIN COOKIE MILK	Dec - 15  BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES STRAWBERRIES, FRESH VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Dec - 16  CHICKEN NUGGET TATER GEMS CARROTS ORANGES ROLL, WHOLE WHEAT VEGGIE BAR CHEESE BURGER PORK & BEANS MILK
Dec - 19  HAMBURGER AMERICAN CHEESE PORK & BEANS ORANGES VEGGIE BAR BBQ PORK CARROT & CELERY CUP MILK	Dec - 20  PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Dec - 21  CHICKEN PATTY SANDW FRENCH FRIES APPLES VEGGIE BAR CORN DOG BEANS VEGETARIAN MILK	Dec - 22  NO SCHOOL TODAY	Dec - 23  NO SCHOOL TODAY

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.