

# Parma School Dist. #137

004 - Parma Middle School

Nov 27, 2018

"This institution is an equal opportunity provider"

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 TORNADOE BLACK BEAN SALAD FAJITA VEGGIES SHREDDED LETTUCE TROPICAL FRUIT, CANN VEGGIE BAR CHEESE BURGER CARROTS & JICAMA MILK	Dec - 4 NACHOS NACHO TOPPING BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CELERY STICKS MILK	Dec - 5 BREADED PORK PATTIE MASHED POTATOES GRAVY, BROWN; CONES CAPRI MIXED VEGETABL ROLL, WHOLE GRAIN 1 BLUEBERRIES VEGGIE BAR MEATBALL SUB BROCCOLI MILK	Dec - 6 CHICKEN NUGGET POTATO WEDGES GREEN BEAN FROZEN APPLE SAUCE ROLL, WHOLE GRAIN 1 VEGGIE BAR PHILLY CHEESE STEAK SUN CHIPS PORK & BEANS MILK	Dec - 7 ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 STRAWBERRIES, FRESH VEGGIE BAR PIZZA POCKET TATER GEMS MILK
Dec - 10 SOFT TACO CHEESE SHREDDED LETTUCE REFRIED BEANS APPLES VEGGIE BAR RIB-B-Q COLESLAW MILK	Dec - 11 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR CHICKEN RANCH WRAP PORK & BEANS CARROTS MILK	Dec - 12 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI ROLL, WHOLE GRAIN 1 MIXED FRUIT VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	Dec - 13 MANDARIN ORANGE CHI STIR FRY VEGETABLES EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR CORN DOG CARROT & CELERY CUP MILK	Dec - 14 RIB-B-Q CAPRI MIXED VEGETABL TATER GEMS PEACHES VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE GRAIN 1 MILK
Dec - 17 CHICKEN PATTY PORK & BEANS GRAPES VEGGIE BAR CHEESE BURGER BROCCOLI & CAULIFLO MILK	Dec - 18 NACHOS NACHO TOPPING CORN APPLE VEGGIE BAR BOXED PIZZA POCKET BABY CARROTS MILK	Dec - 19 HAM POTATOES, SCALLOPED CAPRI MIXED VEGETABL ROLL, WHOLE GRAIN 1 STRAWBERRIES JELLO CAKE MILK	Dec - 20 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR GRILLED CHICKEN BROCCOLI SALAD MILK	Dec - 21 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES FRESH STRAWBERRIES VEGGIE BAR CHICKEN FRIES, W/G BR ROLL, WHOLE GRAIN 1 FRENCH FRIES MILK
Dec - 24 NO SCHOOL TODAY	Dec - 25 HOLIDAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY
Dec - 31 NO SCHOOL TODAY				

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**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.