

Parma School Dist. #137

004 - Parma Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 21 PIZZA RIPPERS SALAD PEACHES VEGGIE BAR SPICY CHICKEN SANDWI CELERY STICKS MILK	Aug - 22 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY GREEN BEAN FROZEN ROLL, WHOLE GRAIN 1 STRAWBERRIES, FRESH VEGGIE BAR CHICKEN RANCH WRAP CARROTS MILK	Aug - 23 CHICKEN PATTY PORK & BEANS BROCCOLI SALAD GRAPES VEGGIE BAR CHEESE BURGER MILK	Aug - 24 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES STRAWBERRIES, FRESH VEGGIE BAR POPCORN CHICKEN POTATO WEDGES CARROTS MILK
Aug - 27 CHICKEN NUGGET POTATO WEDGES GREEN BEAN FROZEN STRAWBERRIES, FRESH WHOLE WHEAT ROLL VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS MILK	Aug - 28 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CELERY STICKS MILK	Aug - 29 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN CAPRI MIXED VEGETABL WHOLE WHEAT ROLL PEACHES EXTRA LIGHT VEGGIE BAR MEATBALL SUB BROCCOLI MILK	Aug - 30 SOFT TACO CHEESE SHREDDED LETTUCE CHICKEN RICE REFRIED BEANS APPLE VEGGIE BAR RIB-B-Q COLESLAW MILK	Aug - 31 NO SCHOOL TODAY

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.