

Parma School Dist. #137

004 - Parma Middle School

Mar 20, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 HAMBURGER ON A BUN AMERICAN CHEESE TATER GEMS COLESLAW BLUEBERRIES VEGGIE BAR BBQ PORK BROCCOLI & CAULIFLO MILK	Apr - 3 PIZZA RIPPERS SALAD PEACHES VEGGIE BAR SPICY CHICKEN SANDWI CELERY STICKS MILK	Apr - 4 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL GRAPES, FRESH VEGGIE BAR CHICKEN RANCH WRAP CARROTS MILK	Apr - 5 SPICY CHICKEN PATTY POTATO WEDGES BROCCOLI FRESH STRAWBERRIES VEGGIE BAR CHEESE BURGER PORK & BEANS BROCCOLI & CAULIFLO MILK	Apr - 6 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES APPLES VEGGIE BAR POPCORN CHICKEN ROLL, WHOLE GRAIN 1 TATER GEMS CARROTS MILK
Apr - 9 CHICKEN NUGGET POTATO WEDGES GREEN BEAN FROZEN FRESH STRAWBERRIES WHOLE WHEAT ROLL VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS MILK	Apr - 10 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CELERY STICKS MILK	Apr - 11 BREADED PORK PATTIE MASHED POTATOES GRAVY BROWN CAPRI MIXED VEGETABL WHOLE WHEAT ROLL PEACHES EXTRA LIGHT VEGGIE BAR MEATBALL SUB BROCCOLI MILK	Apr - 12 SOFT TACO CHEESE SHREDDED LETTUCE CHICKEN RICE REFRIED BEANS APPLE VEGGIE BAR RIB-B-Q COLESLAW MILK	Apr - 13 ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 FRESH STRAWBERRIES VEGGIE BAR PIZZA POCKET TATER GEMS BROCCOLI & CAULIFLO MILK
Apr - 16 TORNADOE BLACK BEAN SALAD FAJITA VEGGIES SHREDDED LETTUCE TROPICAL FRUIT TORTILLA CHIPS VEGGIE BAR CHEESE BURGER PORK & BEANS CARROTS & JICAMA MILK	Apr - 17 PIZZA RIPPERS SALAD PINEAPPLE VEGGIE BAR CHICKEN RANCH WRAP PORK & BEANS CARROTS MILK	Apr - 18 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI WHOLE WHEAT ROLL WATERMELON VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	Apr - 19 RIB-B-Q CAPRI MIXED VEGETABL TATER GEMS PEACHES VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE GRAIN 1 BABY BAKERS BROCCOLI MILK	Apr - 20 NO SCHOOL TODAY
Apr - 23 BBQ ROASTED CHICKEN BABY BAKERS BROCCOLI WHOLE WHEAT ROLL APPLE VEGGIE BAR PIZZA POCKET SUN CHIPS COLESLAW MILK	Apr - 24 NACHOS NACHO TOPPING HS BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CELERY STICKS MILK	Apr - 25 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL FRESH STRAWBERRIES VEGGIE BAR BOXED BBQ CHICKEN FI BABY CARROTS MILK	Apr - 26 MANDARIN ORANGE CHI STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES MANDARIN SAUCE VEGGIE BAR CORN DOG CELERY STICKS PORK & BEANS MILK	Apr - 27 SPAGHETTI BREAD STICK SALAD CHEESE STICK MIXED FRUIT VEGGIE BAR CHICKEN PATTY CELERY STICKS, HS MILK

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Apr - 30 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR BOXED PIZZA POCKET BROCCOLI SALAD MILK				

This institution is an equal opportunity provider

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