

Parma School Dist. #137
003 - West Wing Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 NO SCHOOL TODAY	Sep - 4 SOFT SHELL TACO CHEESE REFRIED BEANS CORN GRAPES MILK	Sep - 5 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY GREEN BEANS BLUEBERRIES WHOLE WHEAT ROLL MILK	Sep - 6 SLOPPY JOE TATER GEMS CARROTS APPLES MILK	Sep - 7 PIZZA RIPPERS RANCH SALAD CELERY STICKS PINEAPPLE STRAWBERRIES, FRESH MILK
Sep - 10 CHICKEN PATTY SANDW BROCCOLI APPLES VEGGIE BAR MILK	Sep - 11 BEEF & BEAN BURRITO FAJITA VEGGIES MIXED VEGETABLES 1/2 TROPICAL FRUIT, CANN CHICKEN RICE MILK	Sep - 12 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY WINTER BLEND VEGETA FRUIT COCKTAIL WHOLE WHEAT ROLL MILK	Sep - 13 HOT DOG ON A BUN Chili CELERY STICKS MANDARIN ORANGES VEGGIE BAR MILK	Sep - 14 FISH TREASURES BABY BAKERS MIXED VEGETABLE STRAWBERRIES, FRESH GOLDFISH CRACKER MILK
Sep - 17 MINI CORN DOGS FRENCH FRIES BROCCOLI PLUOTS MILK	Sep - 18 Tornadoe REFRIED BEANS FAJITA VEGGIES WATERMELON VEGGIE BAR MILK	Sep - 19 NACHOS NACHO TOPPING FAJITA VEGGIES BLACK BEAN SALAD STRAWBERRIES, FRESH MILK	Sep - 20 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES EGG ROLL, 1.5 OZ MANDARIN ORANGES MANDARIN SAUCE MILK	Sep - 21 HAMBURGER ON A BUN AMERICAN CHEESE SIDEWINDERS WATERMELON HAMBURGER TOPPING MILK
Sep - 24 CHICKEN NUGGETS POTATO WEDGES MIXED VEGETABLES 1/2 BLUEBERRIES VEGGIE BAR MILK	Sep - 25 NACHOS NACHO TOPPING FAJITA VEGGIES BLACK BEAN SALAD STRAWBERRIES, FRESH MILK	Sep - 26 CHICKEN & NOODLE MASHED POTATOES CARROTS APPLES WHOLE WHEAT ROLL MILK	Sep - 27 SPAGHETTI RANCH SALAD MANDARIN ORANGES BREAD STICK MILK	Sep - 28 PIZZA RIPPERS RANCH SALAD CARROTS APPLES VEGGIE BAR MILK

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.