

Parma School Dist. #137

002 - Parma High School

Nov 24, 2015

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Monday	Tuesday	Wednesday	Thursday	Friday
	Dec - 1 PIZZA RIPPERS SALAD PINEAPPLE APPLESAUCE VEGGIE BAR CHEESE BURGER BROCCOLI MILK	Dec - 2 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY WINTER BLEND WHOLE WHEAT ROLL GRAPES, FRESH VEGGIE BAR POPCORN CHICKEN SIDEWINDERS CARROTS MILK	Dec - 3 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES BLUEBERRIES VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK	Dec - 4 SPICY CHICKEN PATTY FRENCH FRIES BROCCOLI GRAPES, FRESH VEGGIE BAR CHEESE BURGER PORK & BEANS BROCCOLI & CAULIFLO MILK
Dec - 7 CHILI PARMA CHEESE STICK MARBLE WHOLE WHEAT ROLL CORN PEARS VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK	Dec - 8 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR MEATBALL SUB BROCCOLI SALAD MILK	Dec - 9 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY WHOLE WHEAT ROLL GREEN BEAN FROZEN APPLE JELLO CAKE CRANBERRY SAUCE MILK	Dec - 10 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES BLUEBERRIES VEGGIE BAR TOASTED CHEESE SAN TOMATO SOUP BABY CARROTS MILK	Dec - 11 FISH STICKS SIDEWINDERS ROLL, WHOLE WHEAT COLESLAW APPLE TARTAR SAUCE VEGGIE BAR CORN DOG BROCCOLI & CAULIFLO MILK
Dec - 14 SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD PEARS TORTILLA CHIPS RIB-B-Q PORK & BEANS CELERY STICKS MILK	Dec - 15 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Dec - 16 TURKEY & NOODLES MASHED POTATOES CARROTS CHEESE STICK WHOLE WHEAT ROLL VEGGIE BAR GRAPES, FRESH CHEESE BURGER BROCCOLI & CAULIFLO MILK	Dec - 17 SWEET & SOUR CHICKE STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR CHICKEN PATTY CARROTS & JICAMA CU BOXED PB&J MILK	Dec - 18 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS CORN BLUEBERRIES VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK

USDA is an equal opportunity provider and employer
Menu Is subject to change.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.