

Parma School Dist. #137

002 - Parma High School

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1 HAMBURGER ON A BUN AMERICAN CHEESE FRENCH FRIES GREEN BEAN FROZEN PEACHES EXTRA LIGHT VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI & CAULIFLO MILK
Dec - 4 CHICKEN NUGGET POTATO WEDGES BROCCOLI MIXED FRUIT WHOLE WHEAT ROLL VEGGIE BAR HAMBURGER CARROT & CELERY STIC MILK	Dec - 5 NACHOS NACHO TOPPING HS BLACK BEAN SALAD FRESH STRAWBERRIES VEGGIE BAR CORN DOG BROCCOLI MILK	Dec - 6 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY CAPRI MIXED VEGETABL WHOLE WHEAT ROLL PEACHES EXTRA LIGHT VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	Dec - 7 CHICKEN PATTY TATER GEMS BROCCOLI GRAPES, FRESH VEGGIE BAR PHILLY CHEESE STEAK SUN CHIPS PORK & BEANS BROCCOLI & CAULIFLO MILK	Dec - 8 ALASKA POLLOCK, WG F BABY BAKERS COLESLAW ROLL, WHOLE GRAIN 1 BLUEBERRIES VEGGIE BAR PIZZA POCKET TATER GEMS BROCCOLI & CAULIFLO MILK
Dec - 11 RIB-B-Q GREEN BEAN FROZEN FRENCH FRIES APPLESAUCE,UNSWTND VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN ROLL, WHOLE GRAIN 1 BABY BAKERS BROCCOLI MILK	Dec - 12 PIZZA RIPPERS SALAD PINEAPPLE MANDARIN ORANGES VEGGIE BAR BBQ PORK CARROT & CELERY STIC MILK	Dec - 13 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY WHOLE WHEAT ROLL CAPRI MIXED VEGETABL GRAPES, FRESH JELLO CAKE MILK	Dec - 14 BEEF & BEAN BURRITO CHICKEN RICE CORN FRESH STRAWBERRIES VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK	Dec - 15 MANDARIN ORANGE CHI STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR CORN DOG PORK & BEANS BROCCOLI MILK
Dec - 18 CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR HAMBURGER CARROTS & JICAMA CU MILK	Dec - 19 NACHOS NACHO TOPPING HS BLACK BEAN SALAD FRESH STRAWBERRIES VEGGIE BAR BOXED BBQ CHICKEN FI BBQ SAUCE: TANGY CELERY STICKS MILK	Dec - 20 SALISBURY STEAK MASHED POTATOES GRAVY BROWN GREEN BEAN FROZEN WHOLE WHEAT ROLL APPLESAUCE,UNSWTND VEGGIE BAR POPCORN CHICKEN POTATOE DICED SEASO ROLL, WHOLE GRAIN 1 BROCCOLI BBQ SAUCE: TANGY MILK	Dec - 21 NO SCHOOL TODAY	Dec - 22 NO SCHOOL TODAY
Dec - 25 HOLIDAY	Dec - 26 NO SCHOOL TODAY	Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY	Dec - 29 NO SCHOOL TODAY

This institution is an equal opportunity provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.