

# Parma School Dist. #137

002 - Parma High School

Monday	Tuesday	Wednesday	Thursday	Friday
				Apr - 1  FISH STICKS POTATO WEDGES COLESLAW ROLL, WHOLE WHEAT FRESH STRAWBERRIES TARTAR SAUCE VEGGIE BAR GRILLED CHICKEN BROCCOLI & CAULIFLO MILK
Apr - 4  POPCORN CHICKEN POTATOES, SCALLOPED GREEN BEAN FROZEN ROLL, WHOLE WHEAT MIXED FRUIT VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Apr - 5  PIZZA RIPPERS SALAD PINEAPPLE TROPICAL FRUIT, CANN VEGGIE BAR SPICY CHICKEN SANDWI CARROTS MILK	Apr - 6  COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL APPLESAUCE, CINNAMO VEGGIE BAR RIB-B-Q BROCCOLI & CAULIFLO MILK	Apr - 7  SPICY CHICKEN BOWL STIR FRY EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR CORN DOG CARROTS MILK	Apr - 8  BEEF & BEAN BURRITO CHICKEN RICE BLACK BEAN SALAD PEACHES VEGGIE BAR POPCORN CHICKEN POTATOE WEDGES ROLL, WHOLE WHEAT MILK
Apr - 11  CHICKEN NUGGETS POTATOES, SCALLOPED CARROTS WHOLE WHEAT ROLL RAISINS, MINI BOX VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Apr - 12  PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR GRILLED CHICKEN BABY CARROTS MILK	Apr - 13  SPAGHETTI BREAD STICK WINTER BLEND VEGETA PEARS CHEESE STICK VEGGIE BAR HAM & CHEESE POCKET GOLDFISH CRACKER BROCCOLI & CAULIFLO MILK	Apr - 14  CORN DOG FRENCH FRIES GREEN BEAN FROZEN APPLE VEGGIE BAR HAMBURGER CELERY STICKS, HS MILK	Apr - 15  NO SCHOOL TODAY
Apr - 18  HAMBURGER ON A BUN AMERICAN CHEESE POTATO WEDGES COLESLAW FRESH STRAWBERRIES VEGGIE BAR CHICKEN RANCH WRAP BROCCOLI MILK	Apr - 19  PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BABY CARROTS MILK	Apr - 20  PORK ROAST MASHED POTATOES CARROTS WHOLE WHEAT ROLL PEACHES VEGGIE BAR GRILLED CHICKEN BROCCOLI SALAD MILK	Apr - 21  TORNADOE REFRIED BEANS FAJITA VEGGIES SHREDDED LETTUCE ORANGES/ HS TORTILLA CHIPS VEGGIE BAR CHEESE BURGER CARROT & CELERY STIC MILK	Apr - 22  CHICKEN ALFREDO GREEN BEANS WHOLE WHEAT ROLL BLUEBERRIES VEGGIE BAR RIB-B-Q PORK & BEANS MILK

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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002 - Parma High School

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 25  SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD MIXED FRUIT CHICKEN RICE VEGGIE BAR POPCORN CHICKEN POTATOE WEDGES WHOLE WHEAT ROLL MILK	Apr - 26  PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SANDWICH ROAST BEEF GOLDFISH CRACKER BABY CARROTS MILK	Apr - 27  CHICKEN PATTY POTATO WEDGES BROCCOLI PLUM, RAW, FRESH VEGGIE BAR HAM & CHEESE POCKET GOLDFISH CRACKER BROCCOLI & CAULIFLO MILK	Apr - 28  HAM & CHEESE YUM YU WINTER BLEND VEGETA APPLESAUCE, UNSWTND VEGGIE BAR SPICY CHICKEN SANDWI CARROTS & JICAMA MILK	Apr - 29  PORK ENCHILADA CHICKEN RICE MIXED VEGETABLES FRESH STRAWBERRIES VEGGIE BAR BOXED BBQ CHICKEN FI BROCCOLI MILK

USDA is an equal opportunity provider and employer  
Menu is subject to change.

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