

Parma School Dist. #137

002 - Parma High School

Dec 19, 2016

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2	Jan - 3	Jan - 4	Jan - 5	Jan - 6
		COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL PEACHES VEGGIE BAR BOXED BBQ CHICKEN FI CARROTS MILK	RIB-B-Q WINTER BLEND SIDEWINDERS ORANGES/ HS VEGGIE BAR BBQ SAUCE: TANGY POPCORN CHICKEN POTATO WEDGES BROCCOLI SALAD ROLL, WHOLE WHEAT MILK	CORN DOG FRENCH FRIES GREEN BEAN FROZEN BLUEBERRIES VEGGIE BAR HAMBURGER CARROTS & JICAMA CU MILK
Jan - 9	Jan - 10	Jan - 11	Jan - 12	Jan - 13
HAMBURGER ON A BUN AMERICAN CHEESE POTATO WEDGES COLESLAW BLUEBERRIES VEGGIE BAR BOXED BBQ CHICKEN FI CARROT & CELERY CUP MILK	PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	TURKEY & NOODLES MASHED POTATOES BROCCOLI WHOLE WHEAT ROLL BLUEBERRIES CHEESE STICK VEGGIE BAR MEATBALL SUB BROCCOLI & CAULIFLO MILK	Nachos NACHO TOPPING HS BLACK BEAN SALAD APPLE VEGGIE BAR CORN DOG CARROTS MILK	FISH STICKS BABY BAKERS COLESLAW WHOLE WHEAT ROLL PEACHES VEGGIE BAR HAM & CHEESE POCKET TATER GEMS BROCCOLI & CAULIFLO MILK
Jan - 16	Jan - 17	Jan - 18	Jan - 19	Jan - 20
NO SCHOOL TODAY	PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	CHICKEN NUGGETS SCALLOPED POTATOES BROCCOLI WHOLE WHEAT ROLL APPLE VEGGIE BAR HAMBURGER BROCCOLI & CAULIFLO MILK	TANGERINE CHICKEN B STIR FRY EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR RIB-B-Q CARROTS & JICAMA MILK	PORK ENCHILADA REFRIED BEANS TORTILLA CHIPS APPLE SAUCE VEGGIE BAR CHICKEN TENDERS SIDEWINDERS ROLL, WHOLE WHEAT MILK
Jan - 23	Jan - 24	Jan - 25	Jan - 26	Jan - 27
SPAGHETTI BREAD STICK SALAD CHEESE STICK FRUIT COCKTAIL VEGGIE BAR FISH TACO CHICKEN RICE CARROTS & JICAMA CU MILK	PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CHEESE BURGER BROCCOLI MILK	HAM & CHEESE YUM YU SIDEWINDERS WINTER BLEND BLUEBERRIES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI & CAULIFLO MILK	BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES APPLE VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK	CHICKEN STRIPS CHICKEN RICE BROCCOLI ORANGES/ HS VEGGIE BAR CHEESE BURGER PORK & BEANS MILK

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 30 CHICKEN PATTY POTATO WEDGES GREEN BEANS ORANGES/ HS VEGGIE BAR CORN DOG PORK & BEANS CARROT & CELERY STIC MILK	Jan - 31 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CHICKEN RANCH WRAP BROCCOLI MILK			

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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