

Parma School Dist. #137

002 - Parma High School

Jan 23, 2017

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Nachos NACHO TOPPING HS BLACK BEAN SALAD TROPICAL FRUIT VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Feb - 2 RIB-B-Q COLESLAW SIDEWINDERS PEACHES VEGGIE BAR POPCORN CHICKEN ROLL, WHOLE WHEAT BABY BAKERS BROCCOLI MILK	Feb - 3 HAMBURGER ON A BUN AMERICAN CHEESE PORK & BEANS CORN APPLE SAUCE VEGGIE BAR CHICKEN RANCH WRAP CARROT & CELERY CUP MILK
Feb - 6 SOFT TACO CHEESE SHREDDED LETTUCE BLACK BEAN SALAD CHICKEN RICE APPLE VEGGIE BAR RIB-B-Q PORK & BEANS MILK	Feb - 7 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR SPICY CHICKEN SANDWI BROCCOLI MILK	Feb - 8 TURKEY & NOODLES MASHED POTATOES CARROTS WHOLE WHEAT ROLL YOGURT BLUEBERRIES VEGGIE BAR CORN DOG BABY CARROTS MILK	Feb - 9 SPAGHETTI BREAD STICK SALAD CHEESE STICK MIXED FRUIT VEGGIE BAR CHICKEN PATTY BROCCOLI & CAULIFLO MILK	Feb - 10 CHICKEN NUGGET FRENCH FRIES BROCCOLI PEACHES ROLL, WHOLE WHEAT VEGGIE BAR CHEESE BURGER CARROTS MILK
Feb - 13 TORNADOE BLACK BEAN SALAD FAJITA VEGGIES SHREDDED LETTUCE TORTILLA CHIPS TROPICAL FRUIT VEGGIE BAR PHILLY CHEESE STEAK TATER GEMS MILK	Feb - 14 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Feb - 15 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE WHEAT ROLL PEARS VEGGIE BAR CORN DOG CARROTS MILK	Feb - 16 CHICKEN ALFREDO GREEN BEANS WHOLE WHEAT ROLL APPLE VEGGIE BAR CHEESE BURGER CELERY STICKS, HS MILK	Feb - 17 BEEF & BEAN BURRITO CHICKEN RICE FAJITA VEGGIES PEACHES VEGGIE BAR CHICKEN PATTY BABY CARROTS MILK
Feb - 20 NO SCHOOL TODAY	Feb - 21 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CHICKEN RANCH WRAP BROCCOLI MILK	Feb - 22 HAM & CHEESE YUM YU SIDEWINDERS WINTER BLEND BLUEBERRIES VEGGIE BAR CHEESE BURGER CARROT & CELERY CUP MILK	Feb - 23 TANGERINE CHICKEN B STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE VEGGIE BAR MEATBALL SUB CARROTS & JICAMA MILK	Feb - 24 FISH STICKS BABY BAKERS COLESLAW WHOLE WHEAT ROLL APPLE VEGGIE BAR PIZZA POCKET SUN CHIPS BROCCOLI & CAULIFLO MILK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Parma School Dist. #137

002 - Parma High School

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 27 CHICKEN PATTY SIDEWINDERS BROCCOLI MIXED FRUIT VEGGIE BAR CHEESE BURGER PORK & BEANS MILK	Feb - 28 PIZZA RIPPERS SALAD PINEAPPLE PEACHES VEGGIE BAR CORN DOG BROCCOLI SALAD MILK			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.