

Parma School Dist. #137

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | Nov - 1 BEEF & BEAN BURRITO CHICKEN RICE MIXED VEGETABLES ORANGES SALSA MILK | Nov - 2 BBQ ROASTED CHICKEN COLESLAW WHOLE GRAIN ROLL ORANGES VEGGIE BAR MILK | Nov - 3 HAM & CHEESE YUM YU MIXED VEGETABLES UNSWTND APPLESAUCE VEGGIE BAR MILK | Nov - 4 SOFT SHELL TACO CHEESE SHREDDED LETTUCE REFRIED BEANS CORN PEACHES VEGGIE BAR MILK |
| Nov - 7 TOASTED CHEESE SAN POTATO SOUP PARMA CARROTS APPLES MILK | Nov - 8 RIB B Q ON BUN BABY BAKERS BROCCOLI BLUEBERRIES MILK | Nov - 9 CHICKEN ALFREDO BREAD STICK BROCCOLI BLUEBERRIES VEGGIE BAR MILK | Nov - 10 HAMBURGER SIDEWINDERS MIXED VEGETABLE LETTUCE LEAF STRAWBERRIES PICKLES MILK | Nov - 11 CHICKEN NUGGETS POTATO WEDGES BROCCOLI STRAWBERRIES, FRESH VEGGIE BAR MILK |
| Nov - 14 CHICKEN PATTY WINTER BLEND VEGETA CINNAMON APPLESAUCE VEGGIE BAR MAYONNAISE MILK | Nov - 15 MINI CORN DOGS TATER GEMS WINTER BLEND VEGETA TROPICAL FRUIT, CANN VEGGIE BAR MILK | Nov - 16 UNCRUSTABLE, PB & J S CARROTS & JICAMA CU BANANAS JUICE, VARIETY MILK VARIETY ELEM | Nov - 17 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY ROLL, WHOLE WHEAT GREEN BEANS CANNED FRUIT SALAD PUMPKIN CAKE, PARMA MILK | Nov - 18 PIZZA RANCH SALAD CARROTS PEACHES VEGGIE BAR MILK |
| Nov - 21 RICE BOWL ELEM STIR FRY VEGETABLES EGG ROLL, 1.5 OZ FORTUNE COOKIE MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE MILK VARIETY ELEM | Nov - 22 Nachos Nacho Topping REFRIED BEANS MIXED VEGETABLE ORANGES MILK | Nov - 23 NO SCHOOL TODAY | Nov - 24 HOLIDAY | Nov - 25 NO SCHOOL TODAY |
| Nov - 28 PIZZA RANCH SALAD CARROTS PEACHES VEGGIE BAR MILK | Nov - 29 SPAGHETTI ROLL, WHOLE WHEAT RANCH SALAD GRAPES, FRESH MILK VARIETY ELEM | Nov - 30 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY WINTER BLEND VEGETA WHOLE WHEAT ROLL GRAPES MILK | | |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.