

# Parma School Dist. #137

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 4 PIZZA RANCH SALAD CARROTS STRAWBERRIES, FRESH VEGGIE BAR MILK	Jan - 5 Nachos Nacho Topping CHILI BEANS MIXED VEGETABLE BLUEBERRIES MILK	Jan - 6 CHICKEN PATTY MIXED VEGETABLE BLUEBERRIES VEGGIE BAR MAYONNAISE MILK
Jan - 9 MINI CORN DOGS FRENCH FRIES WINTER BLEND VEGETA PEACHES VEGGIE BAR MILK	Jan - 10 SPAGHETTI BREAD STICK RANCH SALAD PEARS, FRZN MILK	Jan - 11 CHICKEN TENDERS MASHED POTATOES CHICKEN GRAVY CARROTS ROLL, WHOLE WHEAT BLUEBERRIES MILK	Jan - 12 SOFT SHELL TACO CHEESE SHREDDED LETTUCE REFRIED BEANS CARROTS ORANGES VEGGIE BAR MILK	Jan - 13 UNCRUSTABLE, PB & J S BABY CARROTS CIN. APPLES VEGGIE BAR MILK
Jan - 16 NO SCHOOL TODAY	Jan - 17 HAM & CHEESE YUM YU BROCCOLI RAISINS, MINI BOX VEGGIE BAR MILK	Jan - 18 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY WINTER BLEND VEGETA ROLL, WHOLE WHEAT STRAWBERRIES MILK	Jan - 19 CHILI ELEMENTARY CORNBREAD MIXED VEGETABLE APPLESAUCE VEGGIE BAR MILK	Jan - 20 FISH TREASURES TATER GEMS CARROTS TROPICAL FRUIT, CANN MILK
Jan - 23 BEEF & BEAN BURRITO CHICKEN RICE MIXED VEGETABLE APPLES VEGGIE BAR MILK	Jan - 24 TANGERINE CHICKEN B STIR FRY VEGETABLES EGG ROLL, 1.5 OZ MANDARIN ORANGES MILK	Jan - 25 CHICKEN & NOODLE MASHED POTATOES BABY CARROTS WHOLE WHEAT ROLL WATERMELON MILK	Jan - 26 HOT DOG ON A BUN SIDEWINDERS WINTER BLEND VEGETA WATERMELON MILK	Jan - 27 HAMBURGER ON A BUN PORK & BEANS PEACHES MILK
Jan - 30 PIZZA RANCH SALAD CARROTS STRAWBERRIES, FRESH VEGGIE BAR MILK	Jan - 31 CHICKEN NUGGETS POTATO WEDGES BROCCOLI APPLES VEGGIE BAR MILK			

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**