

Parma School Dist. #137

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec - 1 HAM & CHEESE YUM YU WINTER BLEND VEGETA RAISINS, MINI BOX VEGGIE BAR MILK	Dec - 2 FISH TREASURES PORK & BEANS CARROTS TROPICAL FRUIT, CANN MILK
Dec - 5 CHICKEN NUGGETS POTATO WEDGES BROCCOLI APPLES VEGGIE BAR MILK	Dec - 6 SOFT SHELL TACO CHEESE SHREDDED LETTUCE REFRIED BEANS CORN PEACHES VEGGIE BAR MILK	Dec - 7 CHICKEN & NOODLE MASHED POTATOES BABY CARROTS WHOLE WHEAT ROLL WATERMELON MILK	Dec - 8 MINI CORN DOGS TATER GEMS WINTER BLEND VEGETA PEACHES VEGGIE BAR MILK	Dec - 9 PIZZA RANCH SALAD CARROTS STRAWBERRIES, FRESH VEGGIE BAR MILK
Dec - 12 BBO ROASTED CHICKEN WHOLE GRAIN ROLL RANCH SALAD BLUEBERRIES MILK	Dec - 13 BEEF & BEAN BURRITO CHICKEN RICE MIXED VEGETABLE APPLES VEGGIE BAR MILK	Dec - 14 HAMBURGER ON A BUN PORK & BEANS PEACHES MILK	Dec - 15 CHICKEN TENDERS MASHED POTATOES CHICKEN GRAVY GREEN BEANS CANNED ROLL, WHOLE WHEAT ORANGES Sugar Cookies MILK	Dec - 16 Nachos Nacho Topping REFRIED BEANS MIXED VEGETABLE BLUEBERRIES MILK
Dec - 19 PIZZA RANCH SALAD CARROTS TROPICAL FRUIT, CANN VEGGIE BAR MILK	Dec - 20 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY MIXED VEGETABLE WHOLE WHEAT ROLL PEACHES MILK	Dec - 21 CHICKEN PATTY MIXED VEGETABLE BLUEBERRIES VEGGIE BAR MAYONNAISE MILK		

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.